

Arcata HealthSPORT

February, 2012

Club Hours
Mon-Fri 5:00am-10:00pm
Sat/Sun 7:00am-8:00pm

Kids Korner Hours
Mon-Fri 8:30am-1:00pm
Mon-Fri 4:00pm-7:30pm
Sat and Sun 8:30am-12:30pm

Youth Schedule

MON	TUE	WED	THU	FRI	SAT	SUN
					12:00-5:00pm Parties(\$)	12:00-5:00pm Parties(\$)

Pool Schedule

MON	TUE	WED	THU	FRI	SAT	SUN
5:00-8:50am Lap Swim	5:00-8:50am Lap Swim	5:00-8:50am Lap Swim	5:00-8:50am Lap Swim	5:00-8:50am Lap Swim	7:00-8:50am Lap Swim	7:00-8:50am Lap Swim
9:00-9:50am Aqua Aerobics Lucy	9:00-9:50am Aqua Aerobics Maggie	9:00-9:50am Aqua Aerobics Lucy	9:00-9:50am Aqua Aerobics Maggie	9:00-9:50am Aqua Aerobics Lucy	9:00-9:50am Aqua Aerobics Priscilla	
10:00-12:00pm Swim Lessons (\$)	10:00-10:50am Senior Aqua Aerobics	10:00-12:00pm Swim Lessons (\$)	10:00-10:50am Senior Aqua Aerobics	10:00-12:00pm Swim Lessons (\$)	10:00-12:00pm Adult Swim	10:00-12:00pm Adult Swim
12-2:00pm Adult Swim	12-2:00pm Adult Swim	12-2:00pm Adult Swim	12-2:00pm Adult Swim	12-2:00pm Adult Swim		
2:00-6:00pm Swim Lessons (\$)	2:00-5:30pm Family Swim	2:00-6:00pm Swim Lessons (\$)	2:00-5:30pm Family Swim	2:00-6:00pm Swim Lessons (\$)	12:00-6:00pm Family Swim	12:00-6:00pm Family Swim
	2:00-5:30pm Swim Lessons(\$)		2:00-5:30pm Swim Lessons(\$)			
2:00-8:00pm Family Swim	5:30-6:20pm Aqua Aerobics Priscilla	2:00-8:00pm Family Swim	5:30-6:20pm Aqua Aerobics Priscilla	2:00-8:00pm Family Swim	6:00-7:30pm Adult Swim	6:00-7:30pm Adult Swim
	6:30-8pm Family Swim		6:30-8pm Family Swim			
8:00-9:30pm Adult Swim	8:00-9:30pm Adult Swim	8:00-9:30pm Adult Swim	8:00-9:30pm Adult Swim	8:00-9:30pm Adult Swim		

PARTIES AT HEALTHSPORT!

Tumbling	Basketball
Dance	Zumba
Swimming	Hoola Hopping
Soccer	Fun with friends

Sign up at the service Desk TODAY!!

Swim Lessons (\$)						
*Call 822-3488x322 to sign up for Swim Lessons						
MON	TUE	WED	THU	FRI	SAT	SUN
10am-12:00pm Swim Lessons(\$)	2:00-5:30pm Swim Lesson (\$) by appt. only	10am-12:00pm Swim Lessons(\$)	2:00-5:30pm Swim Lesson (\$) by appt. only	2:00-6:00pm Swim Lesson (\$) by appt. only		
10:00-10:30am Baby Swim (\$) Zan		10:00-10:30am Baby Swim (\$) Zan				
10:30-11:00am Tiny Swimmers (\$) Zan		10:30-11:00am Tiny Swimmers (\$) Zan				
2:00-6:00pm Swim Lessons (\$)		2:00-6:00pm Swim Lessons (\$)				
5:00-:00pm Swim Club Delaney(\$)		5:00-:00pm Swim Club Delaney(\$)				
	4:00-4:30pm Learn to Swim (\$) Blake		4:00-4:30pm Learn to Swim (\$) Blake			

**KICK UP
YOUR
WORKOUT
WITH A PARTNER**

**BEST RESULTS START WHEN
YOU WORKOUT WITH A PARTNER!**

ADD A FAMILY MEMBER TO YOUR MEMBERSHIP FOR NO ADD-ON FEE!
(Offer Valid Feb 1st-14th)